



Thank You to Everyone

To every donor, small and large. To every volunteer. To every partner. And to our staff.

We are grateful to individuals, organizations, businesses, faith communities, foundations, and government entities. SFB-CRC could not do this without you. Thank You from the bottom of our hearts!



In September 2022, the National Association of County Community and Economic Development presented Sahuarita Food Bank & Community Resource Center an award for "Excellence in Community Development." Here's our staff with the award: Carlos, Adriana, Kellie, Michael.

Our Mission

Sahuarita Food Bank Community Resource Center strives to meet the needs of our community through programs for food, health, and learning. We collaborate with partners and clients to build a brighter future.

Greetings Friends,

We have our own home! A seven-year dream has finally become a reality. We moved into our new facility the first week of January and I still get a large grin every time I enter the building. The last couple of years have really challenged the global landscape. Our organization continued to move forward through these difficult times, and we kept knocking down barrier after barrier. The number of individuals and families we served the last couple of years grew to all-time highs. And these numbers continue to grow. With our new facility, we can serve at a greater capacity and also offer wraparound services.

Let me introduce Dr. Adriana Romero. Adriana earned her doctorate in behavioral health from ASU. She is a lifelong southern Arizona resident and has a solid understanding of the needs in our community. Adriana has taken over the reins as Community Resource Center director from Roni Singh and is already making an impact in the organization and the community.

The CRC is flourishing with computer training, workforce development and other educational platforms that are designed to pave a pathway towards economic security. I was fortunate to facilitate the first computer training programs earlier this year. The smiles, the high-fives between students, and the eagerness to learn a new skill made me appreciate even more that this is a collaborative community effort. As the students conquered their fears of failure, they all worked together so no one would be left behind.

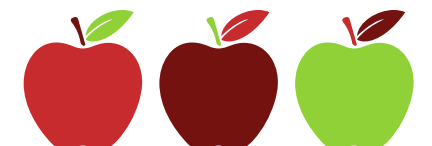
Finally, I can't stress enough how grateful we are to all our supporters. Our volunteers are on pace for 30,000 hours this year! We have already surpassed the record of 22,000 volunteer hours set in 2019. There are so many wonderful new faces that are now part of the SFB-CRC family. To our donors and grantors, your financial support has made all this possible. Every cent of your contribution is invested in your community and continues to make an impact on someone's life. To our community partners, we truly appreciate the work you do to make it all possible.

We will continue to knock down barriers and, more importantly, we will walk alongside those we serve to help them knock down their own barriers.



Respectfully,

Carlos Valles, MBA
Executive Director



Food

During the pandemic from March to August 2020, Sahuarita Food Bank provided emergency food to an average of 254 families a week. That was nearly double our 2019 numbers and a great challenge, especially in the small space we had back then. But compare that to the recent six months from March to August 2022. In that period, we averaged 365 families (1,300 individuals) each week, a growth of 43% in just two years and 130% in three.

What accounts for this dramatic increase? Partly the lingering pandemic, our welcoming volunteers and our new building, but the main reason seems to be inflation in food and rent. About 15 new families register for food each week, with seniors being most affected.



"The food bank has been so helpful to me and my family. They have gone out of their way to make sure that my family was taken care of even when I didn't have a way to get to the food bank. I love that they have other resources available too, not just help with food. They truly want to help and it shows in all they do!"

- CH

With Your Help:

1,159,000 pounds of food in 2021-2022, enough for a million meals to more than 12,000 unduplicated individuals.

Weekend nutrition BackPacks for 650 children at eight local schools so they are ready to learn on Monday mornings.

200 seniors with very limited resources get extra food through the Commodity Supplemental Food Program.

70 homebound individuals receive food every other week with help of DoorDash.



Twice-a-month pantry organized in Summit and help with food at two more pantries in low-income rural areas.

Health

The Community Resource Center opportunities specifically aim to improve physical, behavioral, and social health. We can frequently assist in bettering the circumstances of our participants' lives—often called social determinants of health—so they can improve their overall health. Family and individual health are strongly correlated with well-being and with the ability to learn as well as to obtain, retain and progress in jobs.

"The Veteran Service Officer explained that even 40 years after I had separated from active duty, I am entitled to benefits from the Veterans Administration. He helped me thru the application and explained every step in the process. Today I am receiving excellent VA healthcare and disability benefits. Thanks to my VSO and to SFB-CRC for offering his services."

- BB

We partner with others to offer local programs:

- **First ever health fair** – Pima County Health Department
- **Early childhood literacy** – Friends of Joyner-Green Valley Library
- **Parenting skills** – Easter Seals Blake Foundation
- **Preventing and Managing Diabetes:** health checkups, nutrition education and diabetic-friendly food – Valley Assistance Services
- **Cooking Matters:** healthy cooking, shopping, and eating – USDA curriculum
- **First Smiles Matter dental screenings** – Pima County Health Department
- **Veterans Service Officer benefits signup** – Disabled American Veterans



Learning

The Community Resource Center prepares the workforce of today and tomorrow to ensure community and individual prosperity. We empower and support people on their journeys to economic stability and economic self-sufficiency.

It is a joy to be collaborating with numerous partners who bring their programs to our location in Sahuarita. We have committed not to duplicate what others already do. Only with our partners can we provide this broad array of programs to our participants.

These are current offerings, put into place in the last six months. We will continue to add new programs and services based on the needs of our participants and with local employers identifying the skills they need. Our role is to work with participants to chart a path to a career, providing coaching as needed.

"I am grateful for having been able to participate in the retail and graphic design course. In addition to building my confidence, it also helped me to become a better person. As a result, I have recently been hired by the state to help with adult protective services as a case manager."

- MG



We partner with others to offer local programs:

- **Employability skills:** Resume and interviewing preparation – Pima County
- **Job fairs** – Town of Sahuarita, Better Business Bureau, Pima and Santa Cruz Counties
- **Computer and digital skills at all levels**
- **Graphic design**
- **English and Spanish Language Acquisition**
- **Retail and customer service skills** – Center for the Future of Arizona curriculum
- **Women's entrepreneurship** – Freepport-McMoRan DreamBuilder curriculum
- **Line and prep cook training for restaurant and hospitality jobs**

Wrap-around and family support:

- **Job search and placement** – Pima County
- **Sign-ups for all safety net services** – Valley Assistance Services
- **Rent and utility assistance** – Valley Assistance Services
- **Free tax preparation** – Pio Decimo Center of Catholic Community Services
- **Financial wellness** – ProVision Coaching
- **Childcare referrals** – Childcare Resource and Referrals
- **Diaper distribution** – Diaper Bank of Southern Arizona
- **Notary services** – Pima County

Finances

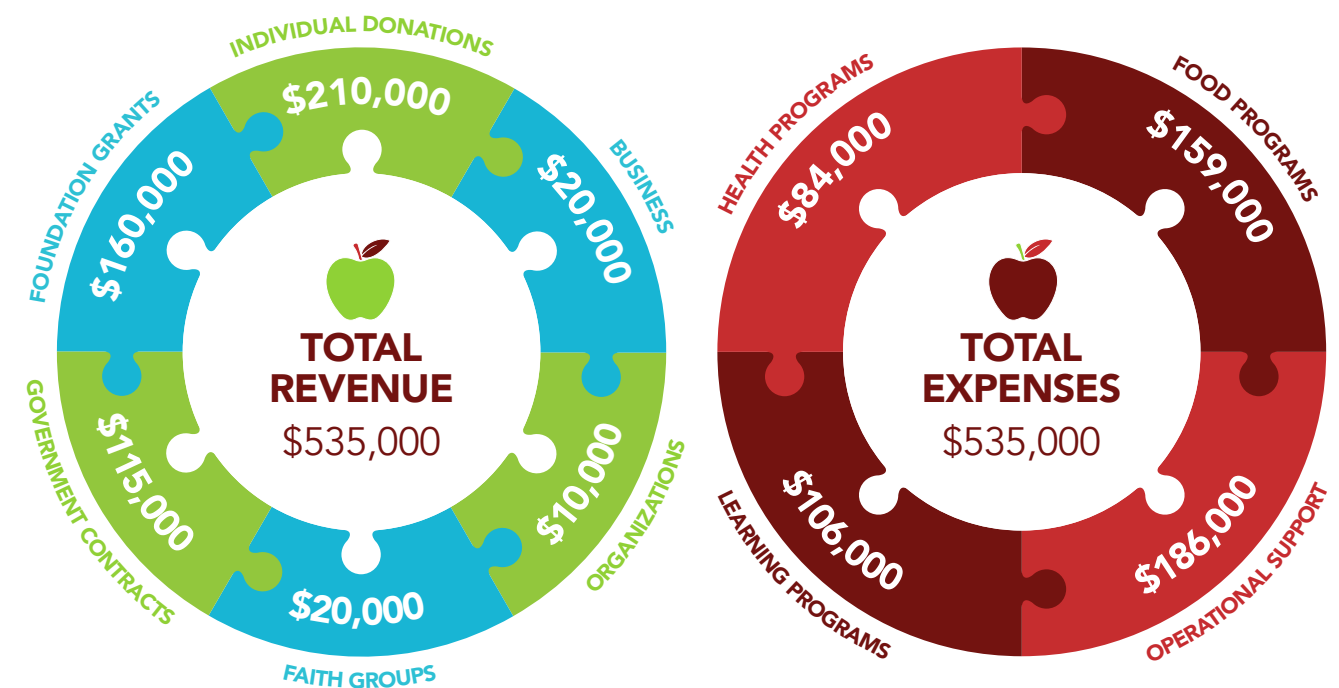
Understanding Our Finances and Our Need for Financial Support

Sahuarita Food Bank and Community Resource Center has rapidly become a hub for food, health and learning in southeastern Pima County. Our low-income neighbors increasingly count on SFB-CRC for emergencies and to achieve increased self-sufficiency.

Your generous contributions have made this success possible. Every donation, large or small, goes toward food, health, and learning for our neighbors. Thank you!

Only with your increased or continued support can we address inflation, manage our facility, grow our programs, and continue to find new ways of serving our residents and our community.

Donate at www.sahuaritafoodbank.org or make checks payable to Sahuarita Food Bank and mail to Sahuarita Food Bank, Box 968, Sahuarita, AZ 85629-0968. We would particularly appreciate sustained, regular donations because they allow us to have dependable funding.



- This year we project that more than 180 volunteers will contribute 30,000 hours, the equivalent of 15 full-time employees and valued at nearly \$900,000 (Independent Sector valuation).
- We expect to receive at least \$1,800,000 in donated food from sources such as food drives, local stores, generous gardeners, produce warehouses in Rio Rico, and government programs (USDA valuation).

Sahuarita FoodBank

& Community Resource Center



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Donations to SFB-CRC, an independent 501(c)3 nonprofit, are deductible to the extent allowed by law. Arizona taxpayers may also be eligible for the dollar-for-dollar Qualifying Charitable Organization tax credit of up to \$800 if married filing jointly or \$400 filing individually.

Use Form 321 and Code 22050.

Your generosity makes all the difference.

Contact Us

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www.sahuaritafoodbank.org



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